

Drug & Alcohol Recovery & Education Year-End Evaluation Report



**Place-Mae La, Mae Ra Ma Luang, Mae La Oon,
Umpiem Mai and Nu Po Camp
Year 2023**

DARE Network 2023 Year End Evaluation Report

2023 Year end evaluation took place from November to December 2023 in the camps along the Thai Myanmar Border named Mae La, Mae Ra Ma Luang, Mae La Oon, Umpiem Mai and Nu Po camp where DARE Network provided the activities. The evaluation questions were written and edited by the DARE core staff. There were 264 people participating in the yearly evaluation process who include 30 DARE Network staff, 20 camp leadership, 136 CBOs, NGOs rep & religion leaders and 78 clients and families. The evaluation was translated and collated by the Core Staff.

Table 1: Details of people who are participating in yearly end evaluation.

No	Interview People	Male	Female	Total
1	DARE Network Staff	17	13	30
2	Camp Leadership	10	10	20
3	Client & Family	46	32	78
4	CBOs, NGOs rep & religion leaders	72	64	136
	Total Interviewed	145	119	264

Question for Workers

1. Why did you choose to work with DARE Network?

An addiction worker from **Mae La** said, *“In our community we noticed that substance abuse is one of the remaining problems. For me, I want to keep myself free from substance abuse. At the same time, I and our team want to help our community, so I chose to work with DARE.”*

Addiction worker from **Nu Po** said, *“We wanted to serve people who are addicted, and we wanted them to be free from substance abuse. This work is very helpful for communities and families to free from drugs issue.”*

Addiction workers from **Umpiem Mai** said, *“We wanted to help addicted people to recover from their use and to continue stay with healthy life”.*

Addiction workers from **Mae La Oon** said, *“I want to learn more about the working process and how to manage the addicts from DARE program. Moreover, our community needs this kind of help. So, I chose to work with DARE”.*

Addiction workers from **Mae Ra Ma Luang** said, “*We chose to work with DARE because we want to know how DARE manages the programs and its activities. Moreover, we want to know the working procedures that are taking place in the community. We want to learn them step by step. After we understand about drugs related problems and information, we can apply or share the information to our community. That is why we joined DARE.*

2. Why do you continue to work with DARE?

Addiction worker from **Mae La** said, “*Helping our camp resident people to free from drug give me happiness. Whenever I see a client has recovered from substance abuse, I am so satisfied. Moreover, I noticed this program has a lot of benefits to the community. So, I love to continue to work with DARE.*

Addiction workers from **Nu Po** said, “*People in the camp need our help because they still have addiction related people. So, we are continuing to work with DARE. At the same time, we also got a small income for our family, so it was very useful for us too.*

Addiction workers from **Umpiem Mai** said, “*We are willing to help camp people who have been suffering from drugs problem. And we wanted to become good role models for other people too.*

Addiction workers from **Mae La Oon** said “*We have been trying our best to reduce the percentage of drug related issues in our community. On the other hand, we thought this is what we can do to help them. So, we continue to work with DARE.*

Addiction workers from **Mae Ra Ma Luang** said, “*we continue to work with the DARE because,*

- *our community still has alcohol and a few drug users.*
- *our community need the helps from DARE.*
- *we want to reduce and eliminate drug and alcohol use in our community.*

3. As you are DARE addiction worker, did you notice any new drugs entering and the new method of people using drugs in the camp?

Among the camps, addiction workers from **Nu Po, Umpiem Mai, Mae La Oon and Mae Ra Ma Luang** responded, “*we didn’t have any new drugs enter to our camps.*

But the addiction workers in **Mae La** camp said “*there is no new drug, we do have the same drugs as people use alcohol before, methamphetamine, marijuana, ice, and opium, heroin or they sniff glue. But we often heard that some users combine drugs with other ingredients. They added other items such as coffee, cough syrup, and Kratom(ใบกระท่อม).*

4. What kind of challenge do you face when you work together in your team?

The addiction workers in **Mae La** camp said, *“the challenge such as*

- *The numbers of clients are increasing.*
- *Most of the old clients (who joined the treatment more than one time) did not follow the norms. So, hard to handle.*
- *These issues become the reason “why we got the lower percentage of recovery this year”.*

From **Nu Po** they said, *“This year we didn’t have any special challenge that we could not solve in our team”.*

The addiction workers from **Umpiem Mai** said, *“This year the challenges are-*

- *due to the 3rd country resettlement process, our co-workers left us to join the resettlement program (some already applied and qualified to leave). Recruiting the news staff has become a big challenge also.*
- *To be honest, most percentage people who want to join DARE are not free from drug (at some holiday occasion, they use alcohol). On the other hands to join the DARE work, one of the requirements is “to free from drug”. This became another challenge to recruit the new staff.*

The addiction workers from **Mae La Oon** said, *“Number of addiction workers are fewer. To complete the program activities in time, our team members always deal with tight schedules. This is the big challenge for this year.*

Addiction workers from **Mae Ra Ma Luang** said, *“We don’t have any special big challenges this year”. But this year we planned to open the treatment program, but the client didn’t come.*

5. Do you do training-manual study every week? Because of doing manual exchange do you see any benefit and improvement?

The addiction workers in **Mae La** camp replied *“Yes, we do. We scheduled to do manual exchange on every Sunday evening. Because this is very helpful for our activities, in both prevention, education and treatment.*

The addiction workers in **Umpiem Mai, Nu Po, Mae Ra Ma Luang,** and **Mae La Oon** camp answered - *“Yes, we study manual exchange. By doing it regularly, we would not forget the topic while we provided awareness education in the community. Moreover, we can learn more in it a lot to understand deeply.*

6. When you provide prevention education, do you see any change and improvement in the community? - If yes, how (Please give me exactly example)

The addiction workers in **Mae La** camp replied *“Yes, by providing prevention education, drug addicts people in community come to know how to get treatment. But we need to increase awareness more and more.*

The addiction workers in **Umpiem Mai** said, *“Yes, by providing prevention education, addicts people receive the exact information and ways to get treatment. Moreover, people understand about the DARE activities, and they have willingness to help the community.*

The addiction workers in **Nu Po** said, *“New incomer refugee to the camp know our organization and they sent their families to DARE Centre. People knew more about how to protect themselves, not to become addicted people after getting awareness education from DARE.*

The addiction workers in **Mae La Oon** said, *“Yes, by providing prevention education, we got the feedback that some family changed their lifestyle. Some attendance got the message and by following the process, it benefited a lot.*

Addiction workers from **Mae Ra Ma Luang** said, *“Yes. Before prevention education, drug and alcohol user family don’t know the cost of drugs and alcohol wouldn’t affect the family’s finance with negative impact. But after prevention education, they can understand it clearly. So, they can change their mind not to use it or stop it.*

7. When you provide home-visit, do you see any change and improvement in the community? - If yes, how (Please give me exactly example)

Addiction workers in **Mae La camp** replied, *“We do home-visit regularly. Because of home-visit, people come to know DARE and its activities more and more. Then, they knew how to collaborate with the DARE such as to encourage client to get treatment.*

For **Nu Poe** camp replied, *“we did a home visit to new arrival’s house who didn’t participate with us at prevention education. We can have the opportunity to share our activities and some of them referred their family to DARE Centre. That was useful for us not to find the clients during when we open the treatment program”.*

Umpiem Mai team replied, *“People who did not receive the information can ask the question while we do home-visit. Then, they can share correct information with other people.*

Mae La Oon team answered, “By home-visit program, we could visit to the family who use drug and alcohol but never joined DARE activities. We could have a discussion with them. By that, they could understand their situation, and some reduce their intake and some even can stop drinking by themselves.

Mae Ra Ma Luang team responded, “Some families couldn’t join prevention education, so they never heard information about drugs. But, by home visiting, they can get the messages about drugs problems. Before, they have family problems that related with drug and alcohol such as domestic violence, they spend money for alcohol so don’t have enough to pay for food and clothes. After receiving the message, they can think about it again and can understand the root cause. On that way, home visit can help people to check and balance their life to get better further. Some people even quit drinking.

8. What were the number of clients who recovered and relapsed after treatment in the period from January 2023 to December 2023? (Included stay in camp/resettled/died outside treatment/Return to Burma) [Table January to December 2023 for Recovery and relapse during (12) months]

Table 1: Number of Clients Treat in Addiction Treatment Centre for *residential treatment* this year 2023.

Community	Male	Female	Teenager	Total
Mae La	87	6	14	107
All Total	87	6	14	107

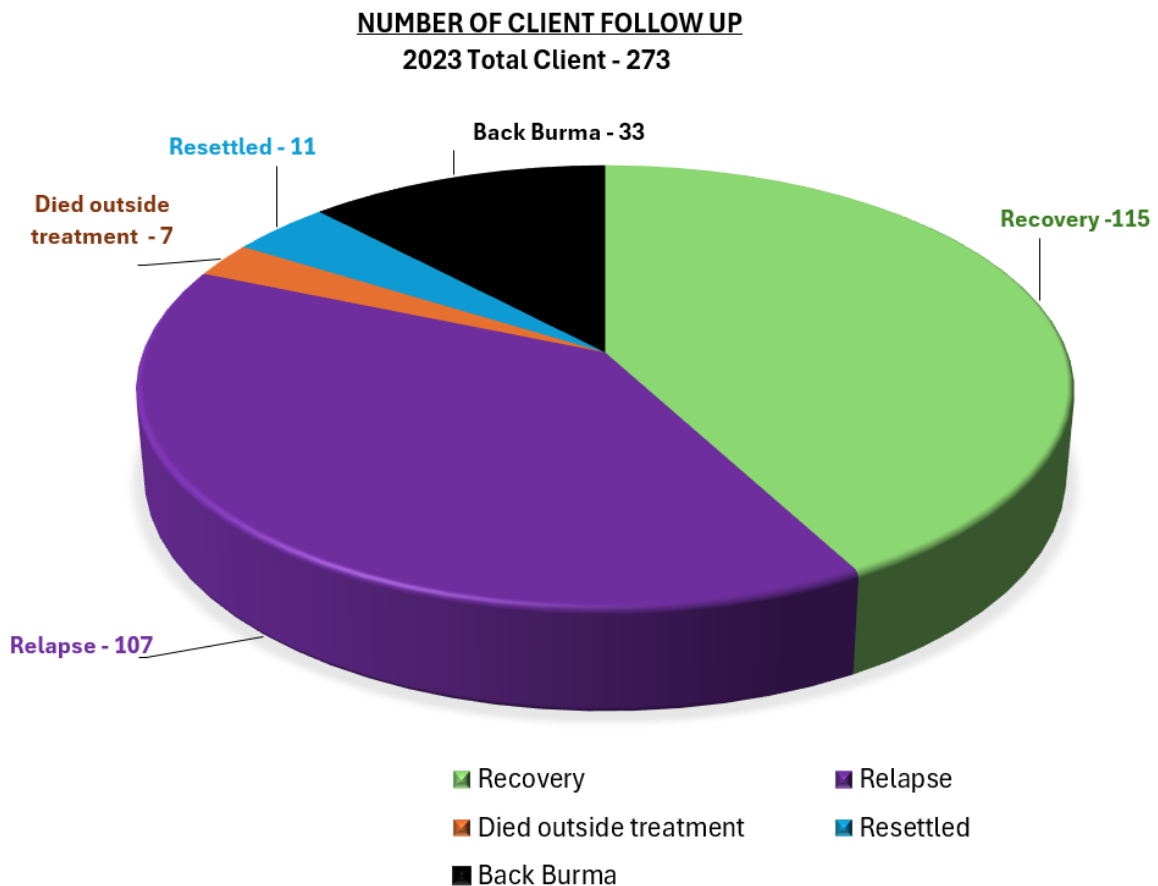
Table 2: Clients Treat in Addiction Treatment Centre for *non-residential (day)* treatment 2023.

Community	Male	Female	Teenager	Total
Mae La Oon	15	0	0	15
Umpiem Mai	44	2	2	48
Nu Po	65	3	35	103
All Total	124	5	37	166

Table 3: Residential and Non-Residential (Day) Treatment Recovery and Relapse 2023

No	Teams	Total Clients	Recovery	Relapse	Stay in the camp	Died Outside Treatment	Resettled	Back Burma	Average Total Recovery %
1	Mae La	107	38	52	90	1	1	15	42.2%
1	Mae La Oon	15	12	2	14	0	0	1	85.7%
2	Umpiem Mai	48	22	18	40	2	2	4	55%
3	Nu Po	103	43	35	78	4	8	13	55.1%
Total Client		273 (222+51)	115	107	222	7	11	33	59.5%

We treated 273 clients in 2023 and the number of clients that we couldn't follow up was 51 clients. Couldn't follow up- go back to Burma, resettled, and died.



9. Do you follow up the clients after they return to their home? If yes, how?

Mae La team said, “We usually follow up the client by visit to their home after they returned. Sometimes we reached them by phone call.

Nu Po and **Umpiem Mai** team said, “Yes, we do follow up the clients after they get back home.

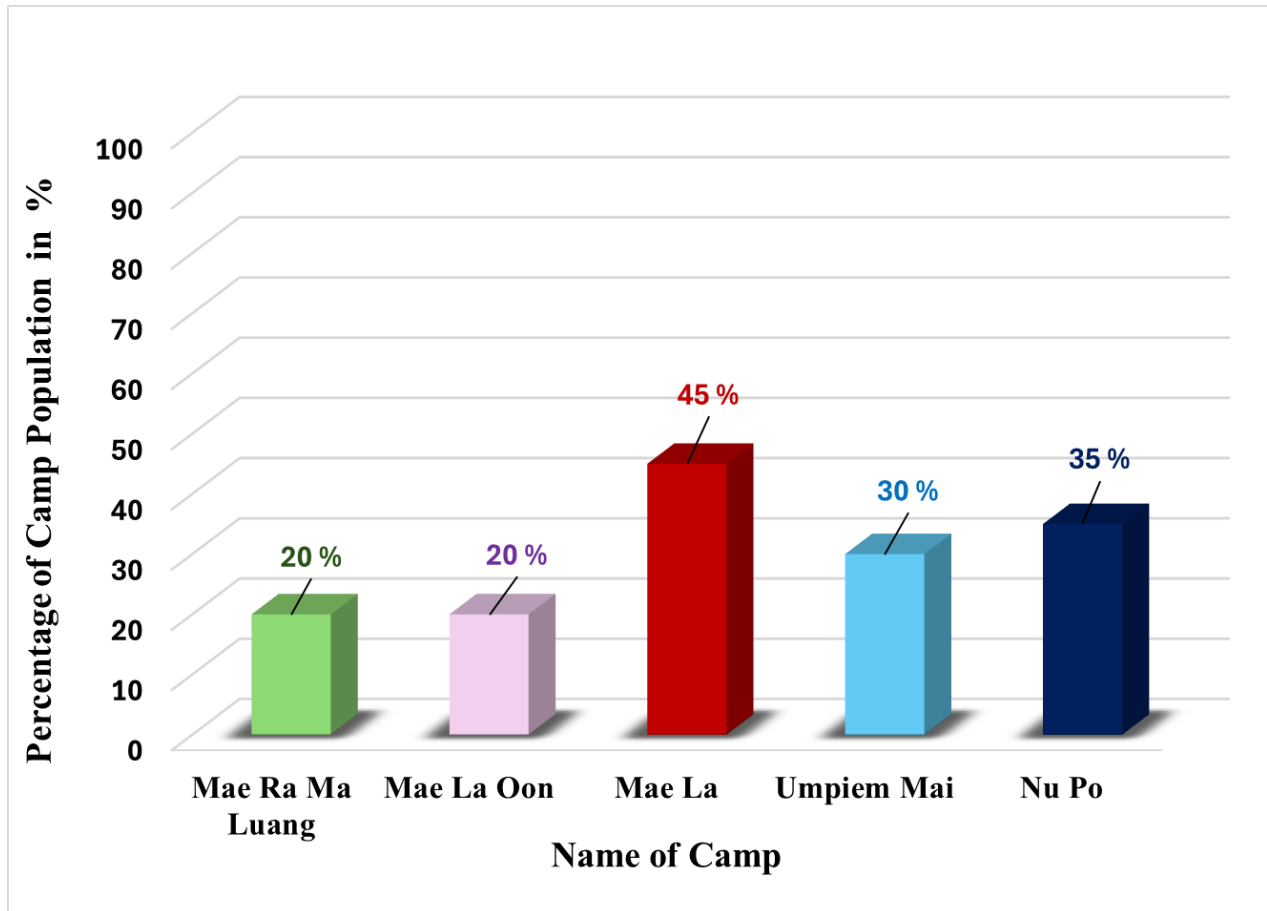
- While we did the home visit, at the same time we visited them.
- Sometimes we phone their family and asked about their situation.

Mae La Oon team answered, “Yes, we follow up our client by visiting to his/her home and talking about whether they reuse it or not with their family members.

10. How many percentages of people, do you think use drugs and alcohol in your camp?

MRML	MLO	ML	UP	NP
~ 20%	~ 25 %	~ 45 %	~ 35 %	~ 35 %

Percentages of people use drugs and alcohol in the camps.



11. What challenge do you face when you are working in the community?

Mae La team responded, *“By working with the community, we can have a close relationship with leaders and camp-based organizations. At the same time, many challenges are also faced. This year as drugs & alcohol sellers increased, drugs & alcohol users also increased. But the responsible leaders or in charged person did not respond to the issues accordingly. This becomes the big challenge for us in some collaboration work.*

Nu Po team responded, *“the challenge is some addicted people avoided us while we provided prevention education in the section and when we did home visit at their home.*

Umpiem Mai team said, *“the treatment process for client is not easy. DARE can help only 20 %. We need Community help 30 % and client his/herself 50 %. In the scenario, collaboration is very important. However, sometime people brought the client to us and leave him/her to us without any caring or follow up to them”.*

Mae La Oon Team mentioned the challenges in community are.

- *Sometimes people do not have time and cannot participate while we do prevention education.*
- *For treatment, due to some reason (such as they have works, small income or other business to continue) they wanted to come but they could not come.*

Mae Ra Ma Luang team replied *“Sometimes, we received some complain from the camp resident people. But this is just minor feedback. For example, “some clients got treatment but relapsed again”.*

12. Do you have any suggestions to improve DARE Network for the future? If yes, what are they?

Mae La and **Nu Po**, **Mae Ra Ma Luang** and **Ma La Oo** team said, *“We didn’t have anything special to suggest improving DARE Network for the future because DARE already helps people who need them and save many people’s lives from the danger of substance abuse”.*

To improve DARE network in the future **Umpiem Mai** team suggested, *“Now the number of addiction-workers is still fewer. It would be better if we could strengthen our team member and work actively. Our whole team (including core staff and camp-based staff) should work closely with camp responsible, leaders and in charge person.”*

13. Do you know if any people in the community have stopped using alcohol or drugs by themselves? If so, how do you know this? How many have stopped this way and why did they stop using it?

Community	Mae La Oon	Mae Ra Ma Luang	Mae La	Umpiem Mai	Nu Po	Total
Prevention Education	-		4	-	-	4
Health Problem	5	2	10	3	9	29
Family force	-		5	-	-	5
Religion	-		2	1	-	3
Resettlement	-		-	1	-	1
Total All	5	2	21	5	9	42

14. What is the effect of the war in Burma on addiction? How does it affect your feelings?

Mae La team said, *“The war in Burma causes many people to lose their jobs. Some youth stop going to school. Only negative impact keeps happening. We saw people are suffering and lead them to mental illness. These all are the main reason of why people start to use drugs & alcohol”*.

Nu Po, Mae Ra Ma Luang and **Mae La Oon** team also shared the same things that *“Some people couldn’t stay in their own village and have to fled in the jungle all the time, so they started to use drugs and alcohol. They assumed they will forget the thing that they suffered if they use drug. We felt sad for them for their loss. If we have the opportunity, we would like to share addiction knowledge and provided treatment to them.*

- During this time, drugs dealers/ sellers take these advantages to sell the drugs to the war/conflict effected people.

Umpiem Mai team added, *“Because of war is continuing, the education system has been destroyed so children cannot go to school. There is no secure place for the people to stay. Food cannot be bought so people are starving now. For their livelihood, they cannot continue. So, some people chose to work illegally like selling drugs & alcohol. Drugs & alcohol can get easily to buy or to sell. Prices are also getting cheaper. People also used it more. So, trafficking drugs & alcohol becomes the source of income for this severe condition. We had a bad feeling to see this situation. For our people’s future, this would be the worse things.*

15. How do you think third countries resettlement will affect DARE program?

Mae la and **Umpiem Mai** and **Nu Po** said *“because of third countries resettlement, our challenges are we need to recruit/ replace staff again. Moreover, it would be difficult to get the staff who would like to serve or give commitment to this work.”*

Mae La Oon and **Mae Ra Ma Luang** team said, “even we can recruit new staff, if all the experience staffs move to 3rd country, it would be very difficult to handle some issue.”

16. How do you rate the satisfactory level in DARE? And why?

1. Excellent, 2. Good, 3. Average, 4. Poor, 5. Very poor

Mae la team said that “**“Excellent”**. We are satisfied to work with DARE. We can help our community and we saw the family members were satisfied with this. So, we feel satisfied with working with DARE”.

The Nu Po team rated the satisfactory level in DARE as “**Excellent”**. They continued “we always proud of ourselves that we did have good opportunity to work with DARE Network. We can help people who are suffered from the drugs & alcohol problem and save many people life who became the slave of drugs & alcohol in their life.

Umpiem Mai team replied that “we would like to rate the satisfactory level – “**Excellent”**. Because once we were addicted people. After recovering, we could share our experience and help our community by working with DARE. We always have to take care of our behavior and try our best to help clients. So, we are satisfied to work and help people as well.

Mae La Oon team rated “**Excellent”**. They said “this program is vital and the real need for the community. By working with DARE, we can serve and help our people. So, we are very satisfied. In addition, by treatment program, we saw the client could recover and help the community back. They can make a change to community by changing their life. We are very glad to see this positive impact.

Mae Ra Ma Luang team rated “**Excellent”**. We can help the people who were blocked in alcohol conflict. After prevention education, they can stop the use and would not be the slave of the drug in life. We are satisfied to see they are free from it. This makes the family happy and us too. So, we feel stratified for working with DARE.

The clients’ stories below include.

- **long-term recovery**
- **short term recovery**
- **client and long-term relapse and**
- **short term relapse client.**

Long-Term Recovery Client Story- I

When I was young, I liked to go to gambling places. Like other young people, I enjoyed gambling without it was so fun. But this was the gate that introduced me to the drugs. First, I wanted to have experience of using pills, so I started using it when I was 32 years old. I used methamphetamine. I knew

it was not good for my life, but I used it for two years. I did not create any conflict in my family and outside as well. But finally, I became addicts. We came to know the DARE Centre through our friends. My mother's sister encouraged me to go to DARE to quit drugs. Finally, I decided to receive treatment at DARE. The most effective treatment methods were Acudetox. Because of acudetox, my mind does not feel full of thoughts like before. After completing the treatment, I came back home. Now, I am free from drugs. In my daily life, I choose to eat healthy food that good for my body instead of using addictive drugs. I usually take time to pray to stay away from temptation. I sometimes come to DARE Centre and share my life to encourage other drug addict friends. Now I am in good health. My family trusts me and loves me as I am. I can feel their caring and support whenever I need it.

If I have to choose and rate the satisfactory level in DARE, I will choose “**Excellent**” because

- DARE Network is an essential place for addictive people. They can recover and enjoy life again.
- Drugs can be easily bought so prevention education is also important because awareness is the most important for the community.
- DARE is the only organization that could help the community to be free from substance abuse.
- The DARE Team should have better collaboration/ communication with Responsible/ in charge people in the camp.

Client Family - Long-Term Recovery Client Story- I

I started to know DARE because of the prevention education that was provided by the DARE team. The section leader and teachers explained about DARE, so I understood what DARE is doing. Having a drug addict at home is so stressful. My family members are not happy. And all the time we are full of worry about him. He did not listen to us. He did what he wanted to do. What we can say, he chose the wrong direction because of his friends. We want him to turn around from his way. We wanted to see him as a good man. So, we encouraged and supported him to get treatment.

After finishing the treatment, he recovered again. He not only has good health but is also sociable in the camp community. He loves his family members. We can trust him again. Our family can have a happy time again. We can say that our family income has also increased.

To choose and rate the satisfactory level in DARE, I will choose “**Excellent**”.

- My family member had recovered because of the help from the DARE team.
- Our family can have a happy time again because he is free from substance abuse.

Long-Term Recovery Client Story- II

As a young person, to alleviate stress and to enjoy my time with friends I started using drugs. Trying drugs as an experiment led my life to addiction. I came to use it when I was 25 years old. Later, I used it all the time, and then became a long-term habit. I used opium, alcohol, beer, and other substances. Sometimes I can't afford the cost, so I chewed betel nuts or used cigarettes. It took 25 years as a drug addictive person. Because of drugs, I created a small problem but not a big deal. My family and leader in my sections always encouraged me to stop using drugs. I started to know the DARE when I stayed at the

hospital, psychology department. They let me know about the DARE Centre and its activities, so I decided to come to get treatment.

The problems that I faced When I arrived at the treatment were,

- I cannot sleep at night/ insomnia.
- I cannot eat anything/ loss of appetite.
- I was afraid of the unknown/ Anxiety or nervousness. Most of the time, I had an unknown feeling like I was fearing to communicate with each other. Days are not easy at first. However, the DARE team helped me to have confidence. So, I gradually felt safe and happy to talk to others. Friends and addiction workers took care of me and encouraged me so much.

In short, after completing the treatment, physical and mental gradually changed day by day. Living a new life like a new person with a fresh mind and new heart – I feel happy! With better health conditions, I do what I can do in my community and my family. To stay away from drugs, instead of using drugs, I went to the tea shop, I went to a stream in camp for swimming and sometimes I played football. Sometimes I visit the DARE Centre again for encouragement and to share knowledge/ life experience as well. I can get a better life again because of the contributions of the DARE teams, my family, camp leaders, and my friends. They are the key persons who support me.

To choose and rate the satisfactory level in DARE, I will choose “**Excellent.**”

Among the activities, prevention education and treatment are the most effective programs. I am satisfied with all the activities in the DARE Centre. DARE’s work is very useful for our camp community.

One feedback for teams is every organization has its weaknesses. But we need to help each other to keep our team’s image better.

Client Family- Long-Term Recovery Client Story- II

When I noticed our family was addicted, I felt sorry for him so much. Because he is single and still young. The longer he used it, the weaker in health he became weaker in health. We (family members, camp leaders, and neighbours) encouraged him to stop using it. All we hope from him is to stop it and to get back to a healthy life. If he goes back to his healthy life, he can work again so that people can trust him. Meanwhile, I started to know DARE because the staff from DARE are my neighbor’s friends. As we had drug users in our family members we inquired more. They shared with us about the activities of the DARE team, so we got to know the information in detail. After he had received treatment, he recovered. We are happy because he is free from drugs. We can share this good news with our neighbors.

For the satisfactory level, I will rate No.1 because I am satisfied with the result of my family member who once was an addicted person and now has recovered. Thank you, DARE.

Long Term Client Story- III

My neighbour talked about DARE activities and addiction workers provide prevention education to school, to section that why I started to know DARE organization in the community. The first thing to persuaded me to be addicted is my friends. As was the nature of young people’s life, I have relationships with many friends and when I saw anything, I wanted to test it. After following my mind, I became an addict and gave many troubles to my family. During when I was addicting drugs that I used such as

marijuana, homebrew alcohol, smoke cigar, chewing betel nut and methamphetamine. I used it until if I didn't use it, I couldn't stay anymore and while I used the methamphetamine, I felt better but my throat was drying, and I lost appetite and insomnia too. For the marijuana if I used it all my thinking and my mind are just like flying and sometime, I created the problem for my neighbours. At midnight while I was drunk, I was yelling, and if my neighbor told me I had an argument and fought with them. I came to DARE Centre because my parents, family encouraged and didn't want me to be the slave of drugs in my life forever. They want to change new life and restored good behavior then be value person in the community. Later I saw their encouragement was very helpful for me then I regretted myself and join the treatment at DARE Centre. The first time at treatment Centre I was craving and angry all the time. Addiction workers take care of me well and provide me acdutex and other things that could lost my craving, so I felt better. That was amazing and incredible works that provided by DARE addiction workers. During the treatment period we know each other and share our experience according to substance abuse through in the activities. I did have new friends and relationships with addiction workers. They are very nice, and they treat us the same, no discrimination during the treatment program. One time per week we did have the sauna program, that help me to take out the detox in my body and felt healthy. Before I came to DARE Centre, I was not healthy and craving all the time. After got full treatment I felt better and could eat and sleep again as normal person. To not relapse again I didn't hang out in the nighttime and usually avoid my old friends who use to drink before together and have less relationship with them, it was the way that I manage myself after I back to community. DARE Network activities are useful in the community. Especially for those who are became the slave of drugs and people who are willing to get treatment program. I prefer to rate the level of excellent because DARE did wonderful, good job in the community and save many people's lives from the danger of substance abuse. Moreover, my mind and physical are recovery and I could say that I free from drugs and alcohol in my life.

Client family- Long Term Client Story- III

The activities of home visit and provided addiction knowledge to school in the society are conducted by addiction worker so I knew DARE activities that they operate in the community. I felt not happy while I have addicted in my family and my life not the same with to my neighbor. Because other families were full of peace and happiness, but my family was full of fighting, and I didn't want to be together with him anymore. I tried to find ways for him to get treatment and restore peace and unity in our family again. While he was drunk, he created trouble and destroyed things in the house. He was yelling at nighttime, and I felt shame for my neighbor all the time. Because of those things I talked with his parents and later we referral him to DARE treatment Centre. To reduced substance abuse in community local leaders should ban the drugs dealers and take full actions for those who broken the law was set up in the camp. Life and behavior were changed after getting back from DARE Centre. Good relationship with family, restored happiness and take respond to take care his family.

Short-Term Recovery Client Story – I

I was a university student in Hpa- An University in Karen State. Because of the Myanmar military coup in 2021 February, I stopped attending school. Since the Military coup, I felt like I would have no hope in my future. So, I started playing the PUBG Game all day and night. At the same time, to wake up at night, I started using the drug called "Ya Ba methamphetamine". Firstly, I started with the experimental use of 3 pills then increased to 15 pills, and finally, I was addicted. Even though I knew it was causing

problems in my life or causing physical or psychological harm, I continued to use the drug for 2 years. Later, in my ears, I often felt people blame me and I assumed that everyone talked about me behind my back. So, I began to fight with my family and sometimes created problems in the community too.

I have a brother who is working at DARE Mae La Camp. He often called me and gave me suggestions to get treatment. I knew that drugs were not good for my life, so I decided to come. As soon as I decided to get treatment, my brother came and picked me up and then took me to the camp.

As an experience at first time at the DARE Centre I felt angry because what I felt all the time was people talking about me. Maybe real or not real. I met many kinds of friends, and I did not like to stay with them together. At the treatment center, I got treatment methods such as acudetox, sauna, yoga, NA, time for healing cycle, counseling, and prevention education according to the schedules. Yoga started in the morning, and prevention education started at 9 am, and so on... I met with many other types of clients such as opium users and alcoholics. While my body was getting used to functioning without the drug, I experienced a range of symptoms from minor to serious. On the other hand, the addiction workers were helping me by providing me with both mental and physical treatment during my withdrawal period. I can feel the effectiveness of each treatment method.

DARE Network is a functional organization, and it is a very effective place for students who accidentally become slaves of drugs like me. It is the only organization that could help people both treat and give prevention education to children as well.

Before I haven't arrived at DARE, I thought it would not be easy because I dealt with the inability to think clearly. It's hard to relate to myself and I had such wild/extreme mood swings. Sometimes I felt a surge of anxiety and fear for no reason. But after treatment, I have every confidence in my ability to see my future again. In short, after I had completed treatment, I came back to Hlaing Bwe. Now I am helping my father in his small business and at the same time, I trained myself not to use the drug again. Staff from DARE (especially my brother follow up with the phone often and do counseling twice a week.

I saw many strong points but for the feedback of weak points of DARE, I will say the space of building. Especially, the bathroom is quite small and sometimes the water is not enough for everyone to take a shower.

If I have to choose and rate the satisfactory level in DARE, I will choose “**Excellent**” because

- DARE Network is an essential place for addictive people.
- We can get effective treatment without cost.
- Prevention education is also important because awareness is the most important for children.
- The only organization that could help the community to be free from substance abuse.

Short Term Recovery Story - II

I knew DARE activities while addiction workers share prevention education in the section and for each school every month in the community. I started to use drugs and alcohol, when I saw my friend used it and wanted to test it. I wanted to know how you would feel when you used it and moreover my friends encouraged me to use it too. During in teenager life, I used it all the time, even when I went to school and hanging out with my friends. Drugs that I used such as, cigar, alcohol, and marijuana. Marijuana, I used the most I until I needed go to hospital and got skinny and my face was pale. I came to get

treatment at DARE Centre because I faced the disease, and I wanted to recover from substance abuse. The first time at the treatment Centre I didn't have withdrawn symptoms because I already quit it for a while for my disease. I have seen some addicted people they are hallucination and being afraid but DARE addiction workers took care of them very well. Through the treatment program I got acudetox, addiction knowledge, sauna and herbal medicine so I felt better day by day. Before I came to DARE Centre, I felt dizzy, had a headache and loss appetite but when I got treatment for several weeks, I have lost everything that I felt on my body, so it was wonderful things that I feel in mind. I did control myself and avoid people who are using it, and I tried to make new friends and be good role models to other people too. This was how I managed myself after I got back home. DARE addiction workers did the follow up with me and raised up many questions according to when I back to community. I felt better when I was free from substance abuse and no needed to go to hospital anymore. DARE activities are very useful for people who are addicted and people who lived in the community. Moreover, I have seen many people from Karen State come to get treatment program and after some of them recover, so it was benefit to their family and neighbour too.

Client Family- Short Term Recovery Story - II

While I was addicted to my family, we didn't have unity, home sweet home and developed thing in our home. Family full of shame, tears, and difficult life to grew up for the future. My son became addicted because he did not listen to their parents and did whatever he wanted to do. He went out in the nighttime with his friends and used drugs all the time. Later when he was sick, he has to spend his time in hospital many times, so it makes us more work to take care of him. After that we sent him to DARE Centre to get a full treatment program and free from substance abuse in his lifetime. To reduced substance abuse in community, the local leaders and Thai security must restrict the law and don't let the outside people to bring the drugs inside the camp. Moreover, leaders should be free from substance abuse and be good examples for the camp people. After he got back home his behaviour changed because he knew how to work at home, and he didn't go out in the nighttime the same as before. My family was full of happiness and restored home sweet home again. I rate the satisfactory level in DARE was excellent because DARE addiction workers help our family to free from substance abuse and bring back our happiness in our family. I thankful DARE Network for wonderful work and save many people life from the dangerous of drugs & alcohol.

Short-Term Relapse client – I

Alcohol is available everywhere. Social drinking is a huge part of our culture. Whenever the holidays such as Christmas, New Year, or Birthday Parties, we meet with friends to use alcohol or drugs for a variety of reasons. With friends, it's a popular way to socialize, relax, and even celebrate special occasions. Now, I am 27 years old. I started to drink alcohol when I was 18 years old, and it took 9 years already. After drinking, I slept. So, drinking alcohol did not create any problems in my family and community in my case. But alcohol is addictive, so finally I was addicted to it. To stop alcohol, I inquired about the place, and I found DARE. At first, I had withdrawal symptoms such as

- I cannot sleep at night/ insomnia.
- I cannot eat anything/ loss of appetite.
- I was afraid of the unknown/ Anxiety or nervousness.

Gradually, after getting the treatment, it relaxes the nervous system, calms emotions, and improves the ways of my thoughts. Moreover, prevention education helped me to improve my knowledge about drugs and supported me to make the best decision. So, I thought I could control my alcohol intake and I could be free. But because of **External triggers**, I can't control myself. In my current situation, to avoid it in any way, I need to stay at home all day. I sometimes come to the DARE Centre and share my life experiences. I shared with them how to manage or handle urges to drink/ to avoid tempting situations. When I meet with friends for special occasions, I drink but not all the time. I found that the DARE Network keeps doing great work which is very useful. They are providing the schools and the whole community with prevention education. These activities are a practical program for the whole community to know how to protect and value their life by avoiding substance abuse.

abuse.

I don't have any comments or feedback but to rate the satisfactory level in DARE, I will choose "**Excellent**". I have seen many good results in the community because of a hug number of people who recovered from substance abuse.

Client Family - Short-Term Relapse client – I

Our neighbor who got treatment from DARE shared DARE activities, so I started to know DARE. The camp manager also shared more information with me. He likes to spend his time with friends. So, he just stayed outside and came back home too late. I am not sure when he started using alcohol. Probably, when he joined his friend's birthday party. When we knew he was addicted, we encouraged him to get treatment. We want to see him free from alcohol. If he is free from substance abuse, his thoughts could change. So that he could spend his time efficiently. Now he has completed the treatment. After treatment, everything looks better; his skin becomes fresher, and with good health, he can help us. His character also has changed to an obedient type. It took a few months since he was free but now has relapsed. I am satisfied that some friends could be recovered. Some friends had become DARE addiction workers at the DARE center again. Thank you, DARE.

Long Term Relapse client – I

I had a story that led me to start to use alcohol. The saddest story in my life was that I lost my three kids at the same time. As a mother, that time was a big loss. To remove this painful thought, I drank alcohol. Drinking alcohol, smoking, and betel quid chewing are the three things that help me to fall asleep well at night. I started to use alcohol when I was 37 years old, and it takes 19 years already. Because of using alcohol, I did not create any problems in the community but most of the quarrels at home happened because of me. Since my kids lost, without eating I drank every day. First, throwing up after drinking. But later, I felt fatigue and weakness, and I could not eat even with boiled rice. I could not sleep at night. Moreover, after drinking I vomited blood with shortness of breath. So, my daughter, friends from the Karen women's organization, and the camp leader brought me to the DARE.

As soon as I arrived treatment Centre, the addiction workers gave me proper treatment such as acudetox. They explained to me the root cause of the problem and shared the basic knowledge of drug issues. They

also helped me to increase my appetite. I gradually could eat, and my skin color changed to fresh and hydrated skin. After receiving full treatment,

- can eat at normal people.
- dry skin changed to fresh skin.
- can sleep at night and
- I felt like I had become healthier than a normal person.

After completing the treatment, I came back to my house. Those days were free of alcohol and mostly I spent my time with my grandchildren. Sometimes, staff (addiction workers) came to my house and encouraged me not to reuse it again. Within 4~ 5 months I did not drink alcohol. But when the New Year water festival, my friend invited me to join and celebrate the party. That time was the time that I drank again. My family encouraged me to stop using it/ or go back to DARE again but I don't want to do it.

DARE Network keeps doing great work with the camp leaders and other CBO organizations closely. They are providing the schools and the whole community with prevention education. Therefore, it is a practical program for teenagers to know how to protect and value their life by avoiding substance abuse.

If I have to choose and rate the satisfactory level in DARE, I will choose “**Excellent**” because..

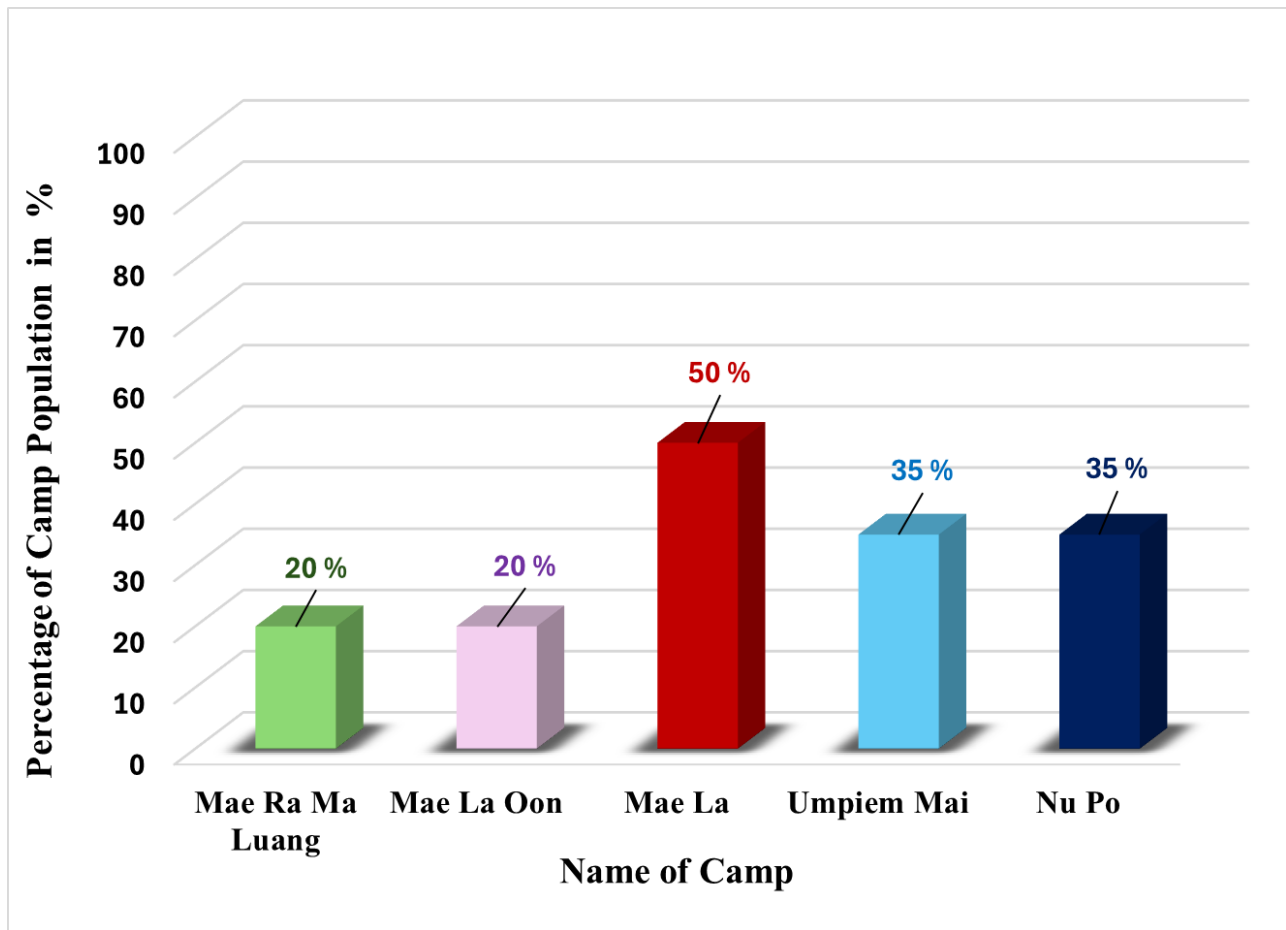
- Once I drank a lot until I vomited with blood but DARE saved my life.
- Once Alcohol destroyed my skin but DARE helped me to get back the fresh skin.
- However, I reused alcohol again now, I remember at that time, I had good health and I had precious time with my family. It was a lovely memory of my life.
- I noticed prevention education is also important because awareness is the most important for my kids and other children.
- DARE is the only organization that could help the camp to be free from substance abuse.

One feedback to tell the weak points for DARE is the number of staff is quite low. They sometimes have a lot of workloads so it would be better if the staff numbers could increase.

Question for camp justice, social affair, camp leader or vice camp leader and camp security leader.

1. How many percentages of people using drugs and alcohol in your camp?

MRML	MLO	ML	UP	NP
~ 20%	~ 20%	~ 40-50%	30-35%	~ 35%



**2. If you compare the past and present day, is the abuse of drug and alcohol increase or decrease?
- If increase how? - If decrease how?**

All camp leaders in **Mae La** camp said this year drugs & alcohol related increased. The leaders gave the reasons as follows.

In our camp (Mae La), *people use homebrew alcohol (the lowest price) the most. This year, the used of Methamphetamine also increased. The possible root cause is there is no income in other ways in the*

camp. But selling drugs & alcohol made the profit a lot. The more you can sell, the higher the profit. So, the seller attracts young people to try to use it. That cause to increase the amount of using drugs & alcohol. Moreover, after the coup in Myanmar, we noticed drugs and alcohol entering significantly into the camp. Previously, we rarely see some students used drugs & alcohol. But this year most of the camp residences use it because it can get easily everywhere. To reduce drug-related crime, camp leaders, the Social Affairs Department, camp-based organizations, and some camp youths are working together to reduce drug-related crime. We tried to track drugs & alcohol entrance points, but drug smugglers have been finding alternative routes. But it is still increasing.

The leaders from the **Nu Po** and **Umpiem Mai** said *“If we compare the past and the present day the drugs & alcohol abuse remain the same in percentage because people who are addicted still use it and people who are free from substance abuse, they didn’t use it.*

In the camp (**Mae La Oon camp**), we saw the use of alcohol has slightly decreased. A possible reason is now we restrict the rule of drug related issues. And take the action effectively so we saw, camp people don’t use the alcohol as before. For example, last year, we had homebrew alcohol machines in our camp but now, it is not allowed. So, alcohol cannot be bought easily as before.

Mae Ra Ma Luang said, *“If we compare the past and the present day the substance abuse has not changed. Moreover, people from camp outside brought it to the camp and some camp resident who work in camp outside brought it together.*

3. How do drug and alcohol enter the camp, and which one is entering the most?

The Leaders from **Mae La** camp answered that *homebrew alcohols, other brand/commercial brew alcohol, methamphetamine are entering the most. To the best of my knowledge, methamphetamine comes from the border, and alcohol comes from Mae Ra Ma and Mae Sot. To reduce the entering, even with the increasing supervision in border areas, particularly at security checkpoints, dealers have been finding alternative routes to smuggle their drugs. It seems drug dealers or smugglers are working together with drug sellers in the camp. For their business/ incomes, they work secretly and efficiently. We tried as much as we could. But it is still difficult to track the entrance place. Another leader said “to the best of my knowledge, people who wanted to experiment drugs find the way from outside. After that, they will bring it to the camp. Later, they are the focal person to spread to their friends everywhere to the camp. So, people use it more and more. So, the percentage of using drugs has been increasing in the camp.*

Local leaders from **Nu Po** said, *“we didn’t allow anyone who lived outside to bring drugs & alcohol in, but they brought it secretly into the camp. Among all drugs and homebrew alcohol was one of the most entering into the camp”.*

Local leaders from **Umpiem Mai, Mae Ra Ma Luang** and **Mae La Oon** said, *“homebrew alcohols enter to the camp most. Their routes could be different. A possible link is from the villages that are close to our camp. They have a connection with the camp drugs & alcohol users. So, they brought it to sell it secretly.*

4. Which kinds of drug & alcohol do people use the most in the camp? And why do people use it the most?

In **Mae La** camp, *people use alcohol and methamphetamine the most. Other drugs such as tramadol, opium, heroin, and beer are also using. But compared with alcohol and methamphetamine, they are just a small percentage. The reasons of using drugs & alcohol are.*

- people who are far from their family, relationship issues, and other personal problems they used it to relief their stress.

- The increase in the number of sellers leads to an increase in the number of drugs & alcohol users.

- In the young life, they tried it just to feel it or they like the taste it with their friends

In **Nu Po, Umpiem Mai, Mae La Oon** and **Mae Ra Ma Luang** camp, *people use homebrew alcohol the most. This is because.*

- The price was so cheap. So, if you wanted to buy for ten or five baht, the seller could sell it to anyone.

- Can easily get everywhere.

- Another reason is even if you are drunk, and if you haven't created any problems, the security won't take any action. It seems the user felt like homebrew alcohol is safe to use.

- On some occasions (like funeral, wedding, and some other events...), people are using homebrew alcohol to have fun.

5. Do you see that DARE Network activities are benefit in the community?

- If yes, please give us with example

Leaders from **Mae la** answered *“Yes, DARE activities is an important organization and has a lot of benefit in our camp community. 80% to 100% of Mae La camp population support the DARE Network activities. The leaders continued “in our camp, parents can't guide and manage their children's ways. Because of much weakness (i.e... parents stay away and leave only kids at home, can't control when their kids to go outside, family problems including financial and other issues...), children can enter to the drugs world easily. If he/she became a drug addict, family have to rely on the DARE only. We have been seeing the servant heart of the DARE staff/ addiction workers. They treated and taught every client with love. On the other hand, we saw good impact is happening. People who recovered, changed their life, and become role models in our community. Some clients relapsed again but most of them can control their intake. If we don't have DARE in our camp, how worse the situation of the camp is unimaginable. However, treatment and prevention education help and protect our camp a lot. We saw 30 - 50 drugs user can get the treatment in one treatment cycle. And treatment cycle is normally opened*

3 times a year. At the same time, I think prevention education is taking place every month around our camp. It is a vital organization. Many benefits have been happening in DARE Network activities. Moreover, in our camp, number of drugs & alcohol and drugs & alcohol user are gradually increasing. Most drug addiction people don't have ethic and they will behave like a crazy/ stupid one. Even their family cannot tolerate it. However, we saw the staff of DARE accept all these bad characteristics, and love them, care for them. They use different approaches based on the types of clients. Many people can recover with a better life. Their efforts are nothing compared with others. We really appreciate it.

Leaders from **Nu Po, Umpiem Mai** also responded “Yes, we did see DARE Network activities benefit our community.

- Some people who were affected by substance abuse after they got full treatment program, they were recovered.
- For my experience some used drugs & alcohol too much until their brain didn't work correctly as before. But after they had completed treatment, they felt better. Their brain also restored as healthy person again.
- Prevention education gives prevention knowledge and awareness that is very useful for the young, children and the whole community.

Leaders from **Mae La Oon** added that “we have come to know how to protect ourselves from alcohol problems. So that we can avoid substance abuse. Because of the DARE organization, more and more camp people can get prevention knowledge. This knowledge keeps spreading with time. It is also the strength to build a good community.

Mae Ra Ma Luang camp, yes, the DARE activities is an important organization and has a lot of benefits in our camp community.

- For those who never heard about drugs & alcohol message can get the comprehensive message from prevention education. They can understand it so that have benefit for their life.
- DARE is standing strongly in our community. So, we can participate in its activities that help our community.

6. Do you collaborate with DARE Network? If yes, how?

Mae La Camp leaders responded “*Yes, we are working together in different ways such as,*

- *In our camp, we found most of the root cause of family’s problem is drugs and alcohol. So, we are collaborating with DARE closely.*
- *For the security in our camp, most crime are related to drugs & alcohol. So sometimes, we usually help family members by giving information or having counselling with a drugs & alcohol user. We are supporting what we can from our side. If they have decided to get treatment, we brought them to the Centre.*
- *For the security of DARE also, we support the DARE team what we can. If the clients had withdrawal symptoms and run away from the DARE center, we communicate with each other to solve the problem.*
- *In the committee meeting we keep sharing information.*
- *Moreover, we also work together especially while doing prevention education.*

Nu Po, Umpiem Mai and Mae La Oon leaders also replied.

- *We always have collaboration work with the DARE Network in the community.*
- *Before DARE started to open treatment program activity, we had the meeting with section leaders first. After that section leaders continued to share information with the camp people.*
- *For People who are affected by drugs & alcohol problems and stayed in detention, we referred them to DARE Centre to get treatment. After they completed the treatment, we brought them back to their place.*
- *If some case related to drugs issue so we invited DARE addiction workers to come and joined with us. After that we made the commitment with the user, if they agreed to get the treatment, we referred them to DARE treatment Centre.*
- *To do prevention education, we shared the information to the responsible camp leader or other camp-based organization so that the program can go smoothly as scheduled.*
- *In some families, drug related problems happened. In this situation, we shared this information with the DARE and ask suggestions from them.*

Mae Ra Ma Luang camp answered, “yes,

- *In meeting, we have the discussion about how to control or reduce the alcohol, and*
- *In activities for education prevention, we can collaborate and do what we can do for further consideration”.*

7. Which one of DARE activities is useful the most and benefits in your community?

All camp leaders have the same answer. They said “*we found that all DARE activities are useful for our community. But Treatment and Prevention Education has the most benefits in our community. Home visit plans are also useful for the family who cannot join community activities. For families who have drugs & alcohol related problems, treatment would be the most effective program.*

8. How many people are affected by drug and alcohol problems in 2023? Please share with us the numbers.

- Over 18 years old male and female
- Under 18 years old male and female

Number of people in detention from drug or alcohol related crimes

The department of Social Affairs in Mae La said “This year, regarding to drugs & alcohol related problem, if we compare the under 18 years old male and female and over 18 years old male and female, we could see the percentage of under 18 drugs & alcohol used are increasing significantly. Within this year, the number of over 18 was ~40-50 cases however, the number of under 18 has reached around 90-100 cases.

Camp	Over 18 Years Old		Under 18 Years Old		Total
	Male	Female	Male	Female	
Mae La Oon	20	10	10	2	42
Mae Ra Ma Luang	37	0	0	0	37
Nu Po	46	3	0	0	49
Total All	103	13	10	2	128

*Umpiem Mai did not answer

9. Do you have any idea that we can work together to reduce drug and alcohol abuse? - If yes how?

All camp leaders answered, “To reduce substance abuse, we have collaborated already. But we would like to share some information as follows.

- To eliminate/ reduce the drugs & alcohol in the camp, now we have set the plan already. We will have a meeting that will focus only one reducing/eliminating the drugs & alcohol. After this meeting, we can get the ways and policy to handle this issue.
- Reducing corruption can help to reduce drug and alcohol abuse. One man and small group can't do it. We need to hold each other's hands and work together.
- We always encourage young people to read books and to build their skills. So that they can have jobs and become useful people for the community.
- Should work closely together more and more with local security, camp leaders, villagers who live near the camp and talk about how to reduce drugs & alcohol in the community.
- Young people who are under 18 years old when they go to buy anything related to drugs & alcohol, the shop owner should not sell to them.
- DARE staff should directly provide more prevention education to the dealers and users in the community.
- To do World Anti-Drug Day to keep reminding our community to be free from Drug”.

10. After DARE provides prevention education, do you see any change and improvement in the community? - If yes, how (Please give me exactly example).

All camp leaders answered,

- *By providing addiction knowledge and prevention, the camp population comes to know more about drugs & alcohol problems and their consequences. As far as they are aware, they can stay away. But camp authority should take the actions effectively to the drug dealer.*
- *Moreover, some addicts can reduce their intake, and some can quit. They come to know drugs related is a kind of crime.*
- *Some referred their family to DARE treatment Centre.*
- *Some families reduced domestic violence and teenagers fighting in the nighttime in the neighborhood.*
- *Some camp people knew more DARE activities in community, and some went to get treatment by their own self.*
- *Especially for youth and children, they can stay away from drug because of having knowledge about drug.*
- *Some parents can direct their kids' way to the right path by applying knowledge from prevention education.*

11. Do you know if any people in the community have stopped using alcohol or drugs by themselves? If so, how do you know this? How many have stopped this way and why did they stop using it?

All camp leaders answered, "Yes". *In our camp community most people use alcohol. We can say number of starts using drugs & alcohol is increasing but some people also stop using it. Some reasons are.*

- *Family encourages them, so they can turn around from drugs & alcohol. He, she self just wants to stop it.*
- *Sometime their family or section leader brought them to us. We detained them, give warning to them to stop using it and later they quit.*
- *Some quit because of the force from family but these are very few percentages.*
- *In the camp people used drugs & alcohol in his/her since they were teenage. But they could stop the drugs & alcohol after marriage (because of partner encouragement or responsibility to become a father). They want to become a role model in his/ her family especially for their kids.*
- *Because of using drug, some people got worse health situation. So, they need treatment at the hospital. If they reused it, their disease getting worse and worse, so they quit using it. One of the camp leaders from **Nu Po** camp said, "I knew five people who quit it by themselves through health problems in my camp".*

- **Umpiem Mai** Leader also said *“in our community we have five people who could stop by themselves. Some are because of health; some stop by shame of themselves and others stop because of resettlement.*
- **Mae Ra Ma Luang** Leader also added, *“in our community we have three people could stop because of health.*

12. What is the effect of the war in Burma on addiction? How does it affect your feelings?

Camp leaders shared their feelings as follows.

Camp leader of **Mae La** Camp said *“If we think about our past, the reason that makes us to become refugees is war. Because of political instability, no sympathy, military tortured the people and burn our place, we have to leave our village and stay here as a refugee. We all want to go back to our place. But this is still impossible. Some of our friends returned to their place but no home and their place was taken by the military. We are living in a camp for years. No place to visit. We eat what donors feed us; we wore what others shared us. This makes us depressed. Using drugs & alcohol is directly related to war in Burma. Because of war, we have to leave our village, some friends lost their family members. We lost our ancient heritage. So, war is the root cause of people using drugs & alcohol. Because we lost everything, we lost hope, we suffered a lot. People become depressions and mental illness. People don’t want to live without hope for the future. Now, we had many kinds of drugs & alcohol in our camp, so it worse. In our community, because of using drug it could be difficult to maintain their dignity. One of the examples is - More than 100 people participated in any party or concert. But in church or monastery, lower than 50 people joined. Life’s moral becomes lower. Their life becomes meaningless. These all are related to the war in Burma. These are giving us bad feelings.*

Again, after the military coup, more people have to flee again. So, conflicts are getting stronger again. Many people flee from the place and thousands of people became refugees within these years. More people enter to the refugee camp. The drugs & alcohol users are also increased significantly after coup”.

Camp leader from **Nu Po** Camp said *“Some villages were burn by Burmese military and some faced the sorrow of dead in their families through the civil war so to forget their bad feeling they started to use drugs, alcohol as to felt better.*

- People couldn’t stay in their own village and must slept overnight in the forest all the time. So, the consequence of some addicted people in the village, took more chance to use drugs & alcohol.

- Some property was taken away by the military and have to be moved to the camp to get safety life. They felt sad for losing their property behind. They started to drink to forget everything in their life. Therefore, as they suffered, we felt the same with them because we were human beings too.

The camp leader from **Umpiem Mai** Camp said *“Because of the war, people have to move to the border. There are no options for work, to go to school and get an education. For livelihood, some people wrongly chose to work illegal work such as selling drugs & alcohol. They also use it because*

they want to relief or forget their pains. While we saw it, it gave me a memory like once we were with the same feeling like them. While we see people fleeing because of war, we are also suffering. We have imaginative empathy in it. We are the same because we passed through the same journey, similar experiences.

The camp leader from **Mae La Oon** Camp said *“because of war, the problem today is that the illicit drugs business has taken advantage of the situation in Karen People. The military always used drugs as the weapon to destroy our people life. Because of mass production of methamphetamine in the border, this can affect our people’s life. Now, we noticed, peoples using drugs are also increasing significantly along the border. As a leader, we are very sorry to see our people are exploited under military plan.*

The camp leader from **Mae Ra Ma Luang** Camp said, *“we also heard that some people are asked to use drugs during work. They are forced to sell the drugs to get the income for food and dress. We feel sad when we heard this news. On other side, some lost their job and position, spending time in drugs to have good feeling in thinkings.*

13. How do you think third countries resettlement will affect DARE program?

Camp leader from **Mae La** camp responded *“For my personal view, everyone is hoping for this chance. So, they are very enthusiastic. In this situation, camp-based staff may leave their job so that can affect many working processes. But I think this is just a little effect. In the camp this change is happening but may not be significant. We can solve it by working together with the old service and new staff before they left. If the plan is set up and works according to the plan, this would not be a big deal. But one of the challenges is recruitment. Even if we can recruit the required new staff, they still need experience to handle the work. So, it can hesitate and delay running the activities.*

Camp leaders from **Nu Po** Camp Said *“Yes, will affect the DARE program because if the addiction worker who have experienced and worked with DARE for a long time have decided to leave. At the same time, recruitment or selecting new staff to work with DARE is also a big problem. Moreover, it would be difficult to get the staff who would like to serve or give commitment to this work. But if we focus on positive view for this program, we can say like “if this generation has gone, the next generation will take the responsibility to continue to work the program in community.*

Camp leader from **Umpiem Mai, Mae La Oon and Mae Ra Ma Luang** said, *“Not only the DARE organization but all the camp-based activities could affect by this program. Because of this program, the camp population has lower interest in camp activities, and they are only willing to leave. Some staff must leave their current works to join this program. In some organizations, all qualified staff will join the program, so it could have some impact on continuing the activities.*

14. How do you rate the satisfactory level in DARE? And why?

1. Excellent, 2. Good, 3. Average, 4. Poor, 5. Very poor

~ 75 % rated the satisfactory level in DARE as “**Excellent**” and other rated as “**Good**”. They also give some more explanation as follows: All camp comments combined.

- ***Excellent.** We all say DARE is a place like a dust bin of the camp where bad people, can't use/ or no value people can live. But the DARE is the only place with a superpower who can change these useless people into useful ones. I also promised the DARE team that 'you can ask my help whenever you need it. If we don't have DARE in our camp, how worse the situation of the camp is unimaginable. After treatment, we had different outcomes. Some free, some use again. Even if they relapse again, they are easy to control. So, as for me, I will support DARE and be ready for any help. Helping DARE is also helping our camp community. Only crazy peoples won't know the value of the DARE and may against the DARE. (laughing 😊)*
- ***Good.** All they did are good for our community. I want to choose **Excellent**.*
- *“To choose and rate the satisfactory level in DARE, I will choose “**Good**”. While working on the ground, we can encounter a lot of challenges and obstacles. On that situation, some work can be overcome easily. The DARE team are always trying their best. But still have some weak points. In my opinion, no one can be perfect. So, I choose Good.*
- *I choose to rate my satisfactory level at DARE as **Excellent**. Some people who were slave of substance abuse for a long time. But, after they got treatment from DARE Network, they could recover. Some became valuable people in our community.*
- *DARE was an organization who helps people with the trouble of substance abuse and many mental problems. DARE was the only one organization who worked related to drugs and alcohol in the community. So, I gave them the level of **Excellent** for my rating.*
- ***Excellent.** This work wouldn't be easy for the team to accomplish. But time after time, the team members work together. Through their work hard, we are very happy to see their effective outcomes that benefit our community.*
- ***Good.** Many youths can get their fruitful life after treatment, children can know how to prevent or avoid from drugs & alcohol because prevention education, a lot of benefit for community by home visit program.*
- ***Excellent.** “Because it is the only organization that can take out the people from the slave of the substance abuse and keep the other people to stay away from drug.*
- ***Excellent.** “Because it is the only organization that can give the light of the people in darkness. People can see the way to walk again and to become the role model of community again.*

Question for Camp residents’ people; NGO, CBO, Teachers, Medic, Section leaders, Section security, Section social leaders, Teenager in camp, and religious leaders.

1. Do you see and know that substance abuse causes problems in the community?

- If yes, what are they?

Mae La Camp residents’ people

Yes. substance abuse always causes a lot of problems in the community.

- *Substance abuse issues are a very widespread problem that impacts the camp community/ whole society, creating negative impacts on even religious servants/workers. In addition, it causes trouble and destroys relationships, harming a person’s ability to interact with their spouse, children, relatives, or friends.*
- *The financial cost of drugs & alcohol use is one of the simplest ways of seeing its effects on society. The root causes of the conflict in our community such as family divorce, domestic violence, stealing, yelling in the nighttime, and damaging public property or injuring others have come from substance abuse.*
- *We could say substance abuse had only been causing problems because of violent crimes linked to substance use.*
- *Substance abuse and mental health are linked because the psychological effects of drug addiction, including alcohol, cause changes in your body and brain.*

Nu Po Camp

“Yes, we did see the substance abuse still causes the problem in our community because we have many types of people who lived in the camp.

- *Many cases happened after using drug such as domestic violence, family divorce, fighting and people yelling in the nighttime. This created more work for security to take responsibility.*
- *After drinking, he/she came back home to fight with his family and gave more work to local security to solve the problems.*
- *Some didn’t have money to buy alcohol, so they sold things at their house and created many financial problems for their families.*
- *Some over used alcohol and have domestic violence in their families, so later they divorce each other.*
- *Some people who joined local organizations didn’t come to work on time so given problems to their colleagues.*
- *Stealing things, yelling in the night time, and giving problems to their neighbors”.*

Umpiem Mai Camp

“Yes. substance abuse always causes a lot of problems in the community.

- *After using drugs & alcohol, mostly domestic violent can happen in family. They give trouble to their neighbors and friends and create burdens on the community leader.*
- *Sometimes, they have groups (drug user gang) and make noise, fighting and stealing materials in the community.*
- *After using drug & alcohol, they didn't recognize nothings and destroyed things at their house. Sometime sleeping on street side and sometime even they suicided themselves.*
- *Because of substance abuse, husband or wife cannot have tolerance no more. So, they finally divorced.*

Mae La Oon Camp

- *Because of alcohol, yelling around the camp campus, they drove the motorbike carelessly that cause accident.*
- *They did not follow the rules of the camp (especially in the camp, camp leader set up timetable for camp security). But most drug users did not follow the rules.*

Mae Ra Ma Luang Camp

Yes. substance abuse always causes a lot of problems in the community.

- *In the community because of alcohol, domestic violence, family divorce, fighting and people yelling in the nighttime can happen.*
- *Sometimes, because of overdose, they cannot recognize, don't have any shame so just give the problems to the community. The disturbance for the leaders to handle the issue.*
- *Especially at night, they shout loudly and yell that give the kids be fear, the old ages can't sleep.*

2. Do you notice any new drugs entering and the new methods of people using drugs in the camp?

Some **Mae La** camp resident peoples replied, *“they didn't know about it, but some answered that they did not have any new drugs entering the camp. They said “as we have known, the same drugs as before such as alcohol, methamphetamine, heroin, marijuana, ice, and opium, sniff glue are using. But we often hear that some users combine drugs with other ingredients such as coffee, and cough syrup. Or they mix two or three types of drugs together.*

All the camp resident from **Nu Po, Mae La Oon, Mae Ra Ma Luang and Umpiem Mai Camp** said, *“We didn't have any new drugs are not coming to the camp.”*

3. Which kinds of drugs people using the most in the camp? How do you know it? Why do people use it the most?

Mae La Camp Resident's people

“Alcohol and methamphetamine are the most used in the camp. But other drugs like marijuana, ice, and opium, heroin, sniff glue are also applied. Among alcohol, home-brewed alcohol is what people use most because the price is low, and easy to find in the camp”.

Nu Po, Umpiem Mai, Mae Ra Ma Luang and Mae La Oon Camp Resident's people

- *Alcohol was the top one that people used the most in the camp. We knew it because some cases that happened in community mostly related to alcohol.*
- *Camp people used alcohol every day. The price is very cheap. You can buy it even five or ten baht to get homebrew alcohol. Or sometime even if you didn't have money, you could buy it and pay the price back later. So, we can see camp people using alcohol obviously.*
- *Especially in the special events in camp such as wedding ceremony, funeral, parties, and any celebration, they use alcohol.*
- *It can be said that alcohol is used even not the special occasion. It can be found in our neighborhood in everyday life.*

4. Do you collaborate with DARE Network? If yes, how?

Mae La Camp Resident's people said, *“we are collaborating with the DARE Network in different ways as follow,*

- *Islam religion leader said if needed we are working together with the camp leader and the DARE together.*
- *Christian Pastor said “We are praying and encouraging our church members who dealt with drugs. Yearly special day such as Christmas and New Year time, we went to the DARE Centre for some activities for encouragement/ prayer service and bible messages. Every 3 months, we visit to the Centre to share the love and goodness of God. Encourage church members who are addicted to go and get treatment at DARE centre.*
- *A Buddhist monk said, “we never had any collaboration with DARE yet.*

Camp residents' Youth, NGO, CBO, Teachers -

- *We help families who face addiction problems then we refer them to the DARE treatment Centre.*
- *We participate with the DARE whenever they provide addiction knowledge/ prevention education to the community.*
- *Also, when they start a treatment program, we announce and share the information and encourage/counsel the drug user to join the treatment in the camp.*
- *We have a meeting and discussion about how to manage the problems of substance abuse in the camp.*

- We referral clients and have communication with the DARE team.
- We arrange and manage the place for addiction workers to provide prevention education in the community.
- For the health sector we are working closely with the DARE Network team all the time.

Nu Po Camp Resident's people

- During the yearend evaluation we did participate with them and at the same time we share for each other about addiction problem in our camp.
- We did set up the drugs free zone in our worship place that we got good example from DARE Network.
- We share addiction knowledge that we got from school and in section, with our neighbor who never knows the damaged of substance abuse in their life.
- When DARE addiction workers had scheduled to provide prevention education, we helped them to organize section people to come and participate.
- Before treatment started, we did announcement into the section and sometime referred section people to DARE treatment Centre who related to drugs problems.

Nu Po NGO/CBO

- People who lived inside Karen State if they were willing to get treatment from DARE, I managed it and referred some of them to treatment Centre.
- We did have monthly meeting and if we have the clients who needed to get treatment program, we discussed with DARE addiction worders and referred them to DARE treatment Centre.
- With DARE teams, we visited families who suffered from domestic violence and after we communicated with the one who created the problems in their family, if he or she agreed, we encouraged and sent them to DARE treatment Centre.

Umpiem Mai Camp Resident's people said "we are closely collaborating with the DARE network in different ways as follow,

- We shared the information about DARE activities and when people have willing to get treatment, we brought them to the treatment Centre.
- When DARE addiction workers had scheduled to provide prevention education, we helped them to organize section people to come and participate and listen to it.
- We collected the youth in our section and brought them to DARE Centre to get the prevention knowledge.
- We encourage people who addicts to get treatment, and those who just use it without addiction, we ask them to go to the DARE to get knowledge to stop using it".

Mae La Oon Camp Resident's people said, "

- Staff and Teachers from school announce the time to the whole school in advance and share the schedule to the students when DARE doing prevention education.

- *Whenever we see youth who use alcohol, we keep sharing the addiction knowledge and encourage to them to stop using alcohol. And sometimes we share this information to DARE network about how to be working together to help people.*
- *Ask the DARE team to hang the Poster at the public areas so that everyone who look at the Poster will remember about using drug is a big problem.*

Mae Ra Ma Luang Camp Resident's people said,

- *For prevention education, we always share the DARE's schedule time to the community and encourage them to attend and listen.*
- *In the camp meeting, in church service, and in gathering events, we invite DARE for the discussion about further work together.*

5. In the last year, have you seen an increase or decrease in violence related to drug and alcohol use?

- If decrease why?

- If increases why?

Mae La Camp residents' people replied – *Based on the sections/ zone, the number of drug and alcohol use is different. Some sections seem stable, some are decreasing but some are increasing. But if we base on the whole camp, and compared with last year, this year drug and alcohol increased. Even though camp local leaders set up the rules for the camp people, drugs can be bought easily. Drug sellers' numbers also increased. We can't say about the exact number, but we can surely say drug users are increasing. Thus, violence related to drug and alcohol use is also increasing this year. On social occasions such as weddings and funerals, we see a lot of drug users. Some drugs (Marijuana, Alcohol and Kratom (ใบกระท่อม)) are allowed to sell on the road because these drugs are approved by Thai authorized. We have information that drugs dealers paid to an unknown leader to sell the drug. Because of drug can be easily get in public areas, this can make even young children try using it.*

Nu Po Camp residents' people

- *Local camp leaders follow up with the rules that they set up into the camp. And camp people are not allowed to sell alcohol.*
- *If someone broke the rules, the local security acted on them.*
- *I didn't hear teenagers fighting and yelling in the nighttime as before. We can say that the violence related to drugs was decrease in my zone.*
- *If we compared the violence that related to drugs between last year and this year, alcohol user increase and decrease. It remains stable because sometimes we still have young people who fought, and some people still secretly sold the alcohol in the camp the same as before.*
- *So, we can say that the violence that related to drugs didn't increase or decrease because drug dealer and user in the camp remain the same as before.*

Umpiem Mai Camp residents' people

In Umpiem camp, based on the camp zone, the number of drug and alcohol use is different. But if we base on the whole camp, and compared with last year, this year drug and alcohol increased.

- *We noticed it sometimes we still have young people who fought, and some people still secretly sold the alcohol in the camp the same as before.*
- *Easy to buy it and cheap to receive it, alcohol entrance ways also increased compared with last year.*
- *Some of the responsible persons in charges of security also drink. For example, we notice drug and alcohol sellers and users, so we brought them to him. But he didn't take the action strictly. Even if they see the law breaking clearly, without taking action, they are allowed to go back home. This reason can make the seller feel at ease and the user use it more.*

Mae La Oon Camp residents' people

In the camp (Mae La Oon camp), the use of alcohol has slightly decreased. A possible reason is that now the leader restricts the rule of alcohol related issues. And they take the action effectively, so we saw camp people don't use the alcohol as before. For example, last year, we had homebrew alcohol machines in our camp. Now, it is not allowed. So, alcohol cannot be bought easily as before.

Mae Ra Ma Luang Camp residents' people

In the camp alcohol use has slightly decreased. A possible reason are.

- *leaders restrict the rule of alcohol related issues.*
- *Leaders connect with each other and work effectively and closely with camp representatives.*
- *And they take the action effectively, so we saw camp people don't use the alcohol as before.*

6. Do you notice and hear any people are dead because of substance abuse in 2023?

- Health problems

- Suicide

- Violence

- Accidents

NGO/CBO/SECTION LEADERS

Camp	Health Problems	Suicide	Violence	Accidents	Total
Mae La Oon	2	1	-	-	3
Nu Po	2	1		1	4
Mae La	5				5
Umpiem Mai	3		-	1	4
Mae Ra Ma Luang		1			1
Total	12	3	0	2	17

7. Which one of DARE activities is useful the most and benefits in your community?

Mae La - *Providing prevention education and doing treatment programs are the most useful for both addicts and people who are staying in the camp. Among treatment methods, Acudetox is the most effective treatment method.*

Nu Po Camp's residents have different answers to this question. Their answers are as follow

- *All the religious leaders said that provided awareness education was the most benefit in our community.*
- *We have seen DARE activities that they conducted were all useful and benefit to everyone who lived in the community.*
- *All among of DARE activities, the treatment programs were useful and the most benefit in our community.*

Umpiem Mai and Mae La Oon Camp's residents said, "Providing prevention education and doing treatment programs are very useful".

Mae Ra Ma Luang Camp's residents

- *Each activity is very effective. All among of DARE activities, the treatment programs and prevention education were useful and the most benefit in our community.*

8. After DARE provides prevention education, do you see any change and improvement in the community? - If yes, how (Please give me exactly example)

Mae La Camp's residents

- *Some students and youth got to know addiction knowledge from addiction workers, so they continuously share this knowledge with their families.*
- *After prevention education, people from the community come to know the link between the cause and effect of drugs.*
- *Because of providing prevention education people know more about what DARE can help. To change their life or quit alcohol some come to the treatment Centre.*
- *Some people who are not currently using drugs, know how to prevent themselves.*
- *Addicted people know more drugs information that how it can damage their mental and physical.*
- *The poster information that was shared by addiction workers was useful for some addicted families because this booklet was full of information so they could share it with their family who were addicted.*
- *After receiving the awareness education, they know how to protect self, family, and children.*

Nu Po Camp's residents

- *Some people after got prevention education they know more many kinds of drugs & alcohol that could damage people.*
- *Some came to get treatment programs, and some reduced their use.*
- *People knew more addiction problems, and some are reduced their using and some went to get treatment at DARE Centre.*
- *After getting prevention education, some took care their self because they knew that it could damage their future life.*
- *People who didn't have experience according to drugs & alcohol problems, after they had attended prevention education they can clarify if they use drugs & alcohol what will happen with them.*
- *Teenagers shared with their parents about drugs & alcohol created the problems and physical weakness cause the severe life problem. Therefore, some parents felt regret after they heard information from their son/daughter and went to get treatment at DARE treatment Centre.*

Umpiem Mai Camp's residents

- *Because of receiving prevention education, some drug users can reflect on their life, can see the way how can change their life to better one. Some decided to go to get treatment.*
- *Because of receiving prevention education, some can reduce their intake.*
- *Through prevention education they can get the exact messages about the consequences of the drug. So, they can stay away from drug to prevent their life.*
- *When parents get the prevention education, they can continue to share it with their kids.*

Mae La Oon Camp's residents

- *By preventing education, we noticed people can think more about alcohol problems. Drugs & alcohol only have the negative impact.*
- *By preventing education, they reduce their used and some quit it.*
- *By preventing education, they realized the value of life. To take care of their life, they stop using it and chose to change their life.*
- *The percentage of alcohol users in youth life decreases.*
- *People can make a good decision to choose which is either good or bad. So, they follow their decision to do good by stopping drugs.*
- *At prevention education, especially in sharing secession, people can hear the sharing about life experiences from former alcohol users, addicts got the energy to quit from alcohol.*

Mae Ra Ma Luang Camp's residents

- *Some of our camp residents are drinking alcohol but they never thought that alcohol would affect their health. Even if their physical weakness is because of alcohol, they don't recognize it. But after attending the prevention education, they can understand the reasons why they are weak and harmful chemical in alcohol can damage their health.*

- *Some people who often create violence in the family, after attending prevention education, can control their emotions. They don't use violence.*
- *People come to know the DARE's activities and understand how to work with DARE and how to encourage addict people.*
- *I have a witness. I knew an uncle who drink alcohol a lot. But he regularly attends prevention education activities. I noticed obviously that he gradually reduced the intake. He couldn't stop it. But because of prevention education knowledge, he can limit it and seem good for his health.*

9. Do you have any idea that we can work together to reduce drug and alcohol abuse in the community?

Mae La Camp's residents suggested the following ideas,

- *Schools, organizations, and the camp committee usually have resources people and places to do prevention education, counselling and to educate people. It can help people in different ways. Now, it is very important to do prevention education often to prevent drugs & alcohol increasing.*
- *To reduce, and to eliminate drugs & alcohol, local law enforcement agencies/ camp security needs to work together with the whole community in specific programs, and activities.*
- *Prepare a platform (way of workings) about how to work/collaborate to ensure everyone's safety.*
- *The drugs & alcohol increase is somehow related to corruption. We should promote community spirit and work together. Local authorities should strongly act for it.*

Nu Po Camp's residents suggested the following ideas,

- *If we saw young people using drugs & alcohol, we would encourage them to stop use it and invite them to get treatment at DARE Centre.*
- *Some time when we gather at worship service program, we also shared the knowledge of substance abuse. It would be one of the ways to reduce substance abuse in our community too.*
- *Referring to the clients who needed the treatment at DARE Centre.*
- *Share information about drugs & alcohol problems to the new family who came to the camp these years.*
- *Should set up monthly meeting and invite all organization to participate and talk about drugs & alcohol issues.*
- *DARE should collaborate with local leaders who took care of camp people.*
- *Everyone should know that they have the responsibility to help their community so that the whole society could free from drugs & alcohol issue in the future.*
- *Should investigate who was the dealer and how drugs entered to the camp. Set up the way of workings about what camp residents and camp leaders could do. And the things that we couldn't handle, we should collaborate with the Thai local authority.*

- *For the future, if the situation in Karen bridge-6 (Dooplaya District) is better, we are hoping DARE could extend their program over there. So that people could get prevention education and treatment programs too.*
- *If we see a dealer, we should strongly take action to them. High punishment could be another way to stop doing it or not dare to do it again in the future. Moreover, local leaders and Thai authority should restrict the law and prevent people to free from substance abuse.*
- *Camp leaders and section leaders should participate together more with DARE, while providing addiction knowledge in community.*

Umpiem Mai Camp’s residents suggested the following ideas,

- *Authorized and responsible people should set up secret ways of working about taking action on drugs related issues. Should include Thai authorized with camp leaders to work safely.*
- *For alcohol, we should have a drug policy that includes who can sell alcohol, limited ages, and time. For other drugs such as methamphetamine, opium, and other drugs, if they are arrested with drugs in hands, shouldn’t allow them to enter to the camp again. Should take action, e.g. just give them a blacklist on spot.*
- *Should have regular meetings with camp leaders, section leaders, NGOs/CBOs and DARE team. Should have a specific discussion about how to handle drug issues and share ideas to reduce drugs & alcohol related problems.*

Mae La Oon Camp’s residents suggested the following ideas,

- *Have a unity spirit and focus on how to reduce substance abuse problems. Holding each other’s hands to protect people from becoming slaves of drugs & alcohol and giving prevention education more.*
- *In camp meetings, not only camp residents, but we should also invite our neighbor village’s leaders. So that we can build a stronger network to reduce drugs & alcohol problems.*
- *Alcohol problems are the common problem that is relating to everyone. We should know our responsibilities and help what we can do as much as we can.*

Mae Ra Ma Luang Camp’s residents suggested the following ideas,

- *We need to educate everyone to have knowledge about alcohol.*
- *Everyone should have the mind to work for it, to stay away from alcohol and each organization also should try their best to eliminate this remaining problem.*

10. How many percentages of people using drugs and alcohol in your camp?

MRML	MLO	ML	UP	NP
~ 25 %	~ 18%	~ 45%	~ 30%	~ 33%

11. Do you know if any people in the community have stopped using alcohol or drugs by themselves? If so, how do you know this? How many have stopped this way and why did they stop using it?

All Camp's residents answered "Yes", and the reasons are following,

- *Some quit because they have physical weakness.*
- *After receiving drug related knowledge from addiction workers, they decide to quit it.*
- *Local authority gave warning to them and family forces them to stop their use and after that, they quit it.*
- *Some want to quit, so they requested for prayer, keep learning bible, and can stop it.*
- *Some faced physical weakness and they knew that if they continue using it, their health will get worse, so they started to stay away drug.*
- *If they don't quit, their family will be broken or divorce, so they stop it.*
- *Some people felt homebrew alcohol, the taste was very strong because of harmful chemical. As soon as they realized it, they started to quit it.*
- *I have seen one who quit it by himself because if he still used it his wife would divorce him. As he loved his wife, he stops it. Besides, he went to study at bible school and rely himself with religious side so later he free from substance abuse.*

12. What is the effect of the war in Burma on addiction? How does it affect your feelings?

- *Some houses were burned, and family members left him/her. Because of the civil war, even if they have their village, they can't stay in it anymore. They have to flee it in the jungle all the time. Have to sleep on the ground, nothing protection. For both major and minor deceases, no medicine to relief it. Some lost their own business, ancient heritage. Therefore, they are suffering a lot for the unmeasurable pains. So, to forget these painful memories, they started to use drugs & alcohol. Whenever we heard the news or see it on social media, we are very sorry for them.*
- *In addition, civil war not easy to do the small business so they choose illegal thing that selling drugs as can get small income for their family. The crisis of civil war created many things such as addiction, illegal trafficking, and suicide. Therefore, we have seen their life went through very hard and we felt sorry for them too. If we had a good opportunity, we would like to help and save them from the dangers of substance abuse.*
- *Increased drug trafficking and dealing in border line. We felt sad because the people who including and use the drugs were our people mostly.*
- *Because of civil war, some house was burn and some family torture and killed by military. Therefore, some family members who suffered these issues, they started to drink, to forget bad felling.*
- *One of my relative, his wife and children were dead from civil war, so he started to drink until he suicided himself. Therefore, it hurt me indeed when I heard this news.*

13. How do you think third countries resettlement will affect DARE program?

The camp's residence people were concerned about the resettlement program, and they shared it with us.

- *If resettlement happens, addiction-workers who qualify to go to third countries will leave their job so it can affect DARE working processes.*
- *If staff leave their job, one of the challenges is recruitment. Even if we can recruit the required new staff, they still need experience to handle the work. DARE treatment program is not easy for the fresher staff. Moreover, new staff should have willingness and commitment to the work. If not, it can hesitate or delay running the activities.*
- *DARE is the only organization that takes care of addicts in the camp. Prevention education is very helpful for the community. We are worrying so much if resettlement happens that could stop the DARE program.*

14. How do you rate the satisfactory level in DARE? And why?

- **Excellent**
- **Good**
- **Average**
- **Poor**
- **Very Poor**

Mae La Camp residents are satisfied with the DARE activities.

80 % rated "Excellent" and ~20% rated "Good". They added their reasons,

- *Because of DARE program, we can have a special way for the drugs & alcohol user.*
- *Before the DARE, there is no way for the addicts to recover again. But DARE can help many lives to recover from drugs & alcohol. They became the role model of community again.*
- *Because of background knowledge, some camp people did not know the problems of drugs & alcohol. So, they were drinking alcohol and did not value their life. Because of the DARE, children can get the knowledge from prevention education.*

Nu Po Camp residents rated the satisfactory level and share the reason as follows

- *The addict's people were treated and helped by DARE addiction workers and then they would be free from substance abuse, so my satisfactory level of DARE is **excellent**.*
- *We are proud of DARE organization who helped our community in many ways such as sharing addiction knowledge and providing treatment programs for everyone who needed to recover for their use. We feel satisfied for their **excellent** joining in our community.*
- *Young people could be free from substance abuse and became valuable people for the next generation.*
- *We rate the satisfactory level in DARE as **Excellent** because they did a great job and saved many people's life from the dangers of substance abuse.*

- *We rate the satisfactory level in DARE work **excellent**. We still have a chance to work together with DARE to improve our community to be free from substance abuse.*
- *We have seen many improvements in our camp because camp people who are addicted when they got addiction knowledge from DARE workers, some reduced their use, and some quit it too.*
- *Many addicted people recover after getting treatment program and they do not need to pay any fee during in treatment period.*
- *We thank DARE Network for doing a great job in our community because some addicted became unhealthy person but after getting treatment program they felt better. Moreover, we appreciated and are thankful to the one who founded DARE Network, it was very useful and helpful to everybody to free from substance abuse in community. Therefore, I choose the satisfactory level in DARE Network is **excellent**.*

Umpiem Mai Camp residents rated the satisfactory level and share the reason as follows

- ***Excellent.** The DARE is standing to help community people. They give an effective treatment program. DARE provides prevention education in the community.*
- ***Excellent.** Camp people come to know how to manage their life by avoiding drug because they know the problem of drugs & alcohol.*
- ***Excellent.** The activities DARE is very helpful and essential for our community.*

Mae La Oon and Mae Ra Ma Luang Camp residents rated the satisfactory level and share the reason as follows.

- ***Excellent.** While we have collaboration with DARE and we can participate in DARE activities, it gives us a lot of knowledge.*
- ***Excellent.** The DARE is now working to help community people and addicts. Whenever we see the DARE activities are doing in the camp, we feel happy. Because they will be sharing the important things to our community.*
- ***Excellent.** As far as camp people are concerned and understanding about the problem of alcohol related problems, they will control their intake and then the percentage of drugs & alcohol use will slightly decrease.*
- ***Excellent.** Because of prevention education, some parents or family members realized that because of using alcohol their behavior is wrong for their family member and kids. They cannot be role models for children. They can turn around from their wrong way.*
- ***Good.** We are very glad to hear that the treatment program has re-opened again. This is the good news that they accept the client again to get treatment.*
- ***Excellent.** Since DARE was established, we collaborate working together. For years, we are satisfied for we can still be a part of working with the DARE. Working with DARE is helping the community. So, we are happy about that.*

Activities statistic 2023

The activities that we accomplished in 2023 year are as below. The type of activities is listed ‘A to J’. The table below indicates which activities took place in which communities.

- A. Drug and Alcohol Prevention Education
- B. Family Home Visits
- C. DARE FOR ALL Families Program (Include men working with men for happy family, teenager for kid to against drug/alcohol abuse, addiction treatment for women and teenager)
- D. Residential/ Non-residential Addiction Treatment
- E. 16 days SGBV campaign
- F. Community Supported Treatment (Drug Court)

Communities	Activities					
	A	B	C	D	E	F
Mae La Oon Camp	x	x		x		x
Mae Ra Ma Luang Camp	x	x				
Mae La Camp	x	x	x	x	x	x
Umpiem Mai Camp	x	x		x	x	x
Nupo Camp	x	x		x	x	x

Number of home visits in 2023

Community	Houses	Male	Female	Total
Mae La Oon camp	448	1313	1440	2753
Mae Ra Ma Laung camp	197	291	393	684
Mae La camp	343	798	1020	1818
Umpiem Mai camp	451	1403	1491	2894
Nupo camp	963	2009	2152	4161
Migrant	93	274	295	569
Total	2495	6088	6791	12879

The number of prevention education sessions delivered per community and the number of community members present is presented below.

Prevention education presentations completed Jan to Dec 2023

Community	To whom	Time	Male	Female	Total
Mae La Oon Camp	School (high, middle, primary, special school), Section leaders, Camp security people, clients, DARE Team, General public, CBO & NGO staff	19	425	515	940
Mae Ra Ma Luang Camp	School (high, middle, primary), Section leaders, Camp security people, DARE Team, General public, CBO & NGO staff	46	1383	1588	2971
Mae La Camp	School (high, primary, special school), Section leaders, General public, Camp security people, Clients, and their family member, DARE Team, CBO & NGO staff	41	1323	1421	2744
Umpiem Mai Camp	School (high, primary), Section leaders, General public, Clients, and their family member, DARE Team, CBO & NGO staff	24	1758	1862	3620
Nupo Camp	School (high, primary), Section leaders, General public, clients, and their family member, DARE Team, CBO & NGO staff	24	550	901	1451
Migrant		101	1602	2681	4283
	Total	255	7041	8968	16009

2023 DARE Activities Statistic Chart

